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**What is Chlamydia?** Chlamydia is the most common sexually transmitted infection in the United States. There are about four million cases of chlamydia in the United States every year. Many people with chlamydia don't have symptoms. Why does this matter? Because an untreated infection can lead to serious and permanent health problems, even if you *never* have symptoms. Fortunately, chlamydia is curable with antibiotic treatment. Just make sure you take all of your medicine exactly as instructed.

## Two treatment options:

### 1. Doxycycline

- Doxycycline is the preferred treatment for chlamydia infection.
- You will take one pill twice daily for seven days by mouth.
- To help clear up your infection completely, you must keep taking this medicine for the *full 7 days*.

It is important not to have sex until your treatment is complete, as you can continue to spread the infection during this time.

### 2. Azithromycin

- Azithromycin is a single-dose oral antibiotic that can be administered in our office.
- Because of a higher risk of persistent/recurrent infection in patients treated with Azithromycin, you should be re-tested 4 weeks after treatment to make sure your infection has cleared.

It is important not to have sex for seven days after this treatment, as you can continue to spread the infection during this time.

**Tell your partner:** Your partner may also be infected and not know it. They need to get tested and be treated. Left untreated, chlamydia can cause serious health problems, especially in women. Also, without treatment, your partner might pass the STD back to you. You should not have sex until one week passes after both you and your partner have completed treatment. It is possible to be infected with chlamydia more than once, and the most common reason for this is failure to treat sexual partners.

**Get retested:** It's common to get infected with chlamydia again. Even if you and your partner took medicine, you should be retested in **3 months**.